



Anthony Konopka

May 14, 1947 - June 4, 2009

Our beloved Tony passed from the earthly realm on Thursday, June 4th. Born of Polish parents in an English refugee camp in 1947, Tony grew up in Argentina and Chicago and then lived in several locations throughout the United States, most recently in Fort Collins, Colorado. Devoted husband, brother and cherished friend, Tony left us far too suddenly and now our wounded hearts are left to reconcile his passing. A brilliant doctor of Chinese medicine, Tony provided a wealth of healing energy for those fortunate enough to participate in his services. From acupuncture to Chinese herbs to spiritual counseling and Shamanism, Tony devoted his life to serving those in need of healing from a physical, emotional and spiritual perspective. This desire to help heal applied as much to healing himself as to the many people he touched. His presence emitted a rare combination of both humor and profound knowledge. His was a huge energy that left us at times laughing, at other times puzzled wondering what he was saying and at other times deeply immersed in wisdom that helped us along our own particular paths. It would be impossible to calculate how many lives Tony has touched over his years as a healer and spiritual guide. People all over the United States benefited from his gifts and he will truly be missed. His wife of 31 years, June, and his many devoted friends and family will carry Tony in their hearts and will celebrate his life and the many ways that he has enriched us. No doubt Tony will continue his work in the spiritual realm where he can work unobstructed by physical boundaries. Dear Tony, you are with us always as we are with you. As you ascend to a more refined and beautiful place, we wish for you a joyful and adventurous journey. With deepest love, we bid you a fond and heartfelt adieu.

Comments



“ I was shocked and saddened to hear of Tony's passing. I was a patient of his. During a time when I faced some difficult issues, he showed a tremendous amount of wisdom, compassion, and understanding. Tony gave me guidance, encouragement, and hope. I will truly be grateful to him forever. He certainly made a difference in my life. May our Lord Jesus bring peace, comfort and strength to all who knew him during this time of grief. He will be sorely missed.

Linda Perry - June 04, 2009 at 12:00 AM



“ Dear June
I just learned today about the loss of Tony. I am so shocked and saddened! My thoughts and prayers are with you and your family. May your loving nature and spiritual wisdom guide you through this difficult time as you celebrate Tony's amazing life. He was a wonderful, gifted man; and we are all blessed to have known him. Love Pat

June 04, 2009 at 12:00 AM



“ I can only hope to live the way you did! What a gift it was to watch your unconditional acceptance of all that life offered you. Incorporating life's terms into your own values is truly the essence of peace. For some reason I know I am a better person for having known you. And I feel stronger now, knowing that you can give me more with your eternal passion for life, in all of its phases. The physical, and the spiritual realm. I thank you not only for what you taught me concerning my emotional and physical health, but for teaching me what I saw in you after your physical passing...Eternal peace.

Thank you Tony!

Billy B - June 04, 2009 at 12:00 AM



“ Dear June,

I am so sorry to hear about Tony. He was a wonderful man who will be missed by all who knew him. My thoughts and prayers are with you now and the days and months ahead. God Bless.

Cindy Adams



“ I first met Tony at Vitamin Cottage where I work. We all gained knowledge and "good vibes" from his lectures and always enjoyed talking to him in the store when he shopped.

My son Patrick was recently enrolled in the InnerBalance program and often told us of the inspiring and caring advice Tony had given him.

Our family sends our love and best wishes to Tony's family, friends and co-workers.

Lori Kehoe - June 04, 2009 at 12:00 AM



“ My deepest condolences to those Tony left behind. Such a sudden departure. My heart goes out to you. I take solace in knowing he has the answers now. The end is never the end for a seeker. I'm sure he was tickled with revelation. Hang in there June.

June 04, 2009 at 12:00 AM



“ Thank you Tony for your stories and sharing your experiences. They helped me find a deep place of healing, and my life has been truly blessed since my time at InnerBalance...have a blast in Spirit.

Love, Mara

Mara Buffett O'dwyer - June 04, 2009 at 12:00 AM



“ June

I did hear about this tragedy from Lynn earlier this week.

Like everyone, I was shocked and saddened.

I will remember Tony fondly. I appreciated what he shared with us, and the way he shared it and the way he shared it - no dogmatic approach, just somethings he had to share which were always shared with the reminder that not everything was for everyone, so he suggested we keep what we thought we liked or beneficial, and discard the rest.

Best wishes, and take care of yourself.

Brad

Brad Clinkenbeard - June 04, 2009 at 12:00 AM



“ I thank God for his life and the many he has touched in a positive way. It has been an absolute pleasure to have crossed paths with Tony on our lifes journey. It was an honor to have him be apart of my recovery and still is as i remember all he has shared with me, especially the laughter and a little rudeness (which i always appreciate) in times of seriousness, he made me look forward to living.
Cheers Tony! You did a good job down here, I'm sure Gods proud.
May you enjoy Heaven as I am sure you are, i can see you soaring through the air.
Love you and thank you,
Kim

Kim Russell - June 04, 2009 at 12:00 AM



“ Dear June I was so sorry to hear about Toni. He was a great man and I enjoyed him so much while I was at innerbalance. He will be truly missed by all. Hope you are doing ok. You have been in my prayers. You are a strong and wonderful person.
Sincerly Debi

Debi Harms - June 04, 2009 at 12:00 AM



“ In my heart I hold you both. Tony in transision and your in your great loss.
From every door that closes another opens.

Mally Arkin - June 04, 2009 at 12:00 AM



“ My deepest sympathy to you over the loss of Tony. I enjoyed getting to know him and he was a good man,
Kevin

Kevin Pinon - June 04, 2009 at 12:00 AM



“ Tony,

This adolescent old soul misses your smile, our candid and straightforward conversations, and your sense of just being - here and now.

I was blessed to have you as my friend.

Drop by from time to time to see if I've truly buckled down and gotten to work playing in the gravity field. (Silly Hologram)

I'll get the Gorilla picture and keep it as a reminder.

June - you will always be in my thoughts and prayers. May you find what you are searching for.

Out Walking the Walk.

Doug

Doug Kennedy - June 04, 2009 at 12:00 AM



“ Tony was so in tune with his own spirituality that I have little doubt that he is in a place of unimaginable beauty and serenity right now. The rest of us are left here in the confines of our physical beings to grieve. June, I have been sending many positive thoughts your way, that you may heal and grow. I found out about his passing a few days ago from another former client. It is proof positive that we just never know when it is going to come - Tony was so full of vigor! I just received your email about it and when I read the part about offering my ancestral wounds to him I was overcome by a sudden wave of sadness and tears. I took a breath from deep within (as Tony would often have us do) and now feel much lighter! Thank you Tony - we miss you!

Peace,
Adrian

Adrian Massey - June 04, 2009 at 12:00 AM



“ Tony was a fascinating man, and a great role model and mentor. I admired his passionate spirituality, which he softened with levity. His joie de vivre was infectious and delightful to be around. Our world is poorer without him!

Mikal Frey - June 04, 2009 at 12:00 AM



“ June, I was so touched by Tony and all the gifts he possessed and so generously shared with all he touched. He will be greatly missed by those whom experienced his healing powers. Tony would be pleased to know that through his healing powers and his teachings of how to love life, that I remain sober to this day, and for that I am grateful. I will miss him. My love and prayers go to you and your family and I thank you as well for your teachings. The strength I have gathered continues to gain

momentum.

Love,
Chip

Chip - June 04, 2009 at 12:00 AM



“ Dear Tony, What a gift you have for relaxing and disarming people with your sincerity and honest nature.
I will think of you often.
To June, My thoughts and prayers are with you. You too I will never forget. Harri Jansson

Harri Jansson - June 04, 2009 at 12:00 AM



“ I just wanted to send a message to everyone who is grieving this tragic loss. I am greatly saddened to hear that Tony has passed away so suddenly. You are all in my hearts and prayers always. Tony was such a unique individual, so full of life, and humor, a real privilege to know. He helped me tremendously, as did everyone at InnerBalance. He will be very missed, and I hope our souls may rendezvous again on another plane of spiritual existence. June, my heart breaks for you, but I know without a shadow of a doubt that you are going to be ok and that your amazing spirit will carry you through this. I sincerely hope that you will not hesitate to call on me for anything you need. Your friend always, Cori

Cori Bruce - June 04, 2009 at 12:00 AM



“ Tony, you helped me through one of the hardest parts of my life. You deeply touched me and many others and you will be missed.
Thank you for your wisdom and humor.

Shawn Brooks - June 04, 2009 at 12:00 AM



“ Hi June,
I am so very sorry for your loss--Tony was a kind, funny, gentle soul whom I know you will sorely miss. You are in my thoughts and prayers.
May your heart be at peace.
May your mind remain open.
May you awaken to the light of your own true nature.
May you be healed.

May you (continue) to be a source of healing to all beings.
Much love, Paula Schild 7/06

Paula Schild - June 04, 2009 at 12:00 AM



“ One of the coolest people I know really touched so many

christine karst - June 04, 2009 at 12:00 AM



“ What an amazing life. Thank you for sharing your knowledge and energy with those of us going through our own tough life battles.

Ginessa Joy Rhue - June 04, 2009 at 12:00 AM



“ Tony helped many people including myself! I will never forget him or the lessons he taught me- which were many. He was a great man and was dedicated to helping those who are suffering. I will miss him and always hold him dear.

Carla Richardson - June 04, 2009 at 12:00 AM



“ June,

I wanted to let you know that Tony was of great help to me to help me maintain my sobriety this time and to be honest with myself. I think that was the most important to me, was being honest with myself. He always told me that I was not going to change unless I truly wanted to. He always made me stop and truly think things through. For that I greatly appreciate!! It has taken me 3 times through treatment to finally stay sober. Inner Balance was the missing key for my sobriety. Whenever I get down enough, I take a break and go to Inner Balance to get my recharge and burst of life to go on with my sobriety. I tried to see you the last time I was there, but our schedules did not allow that. I will be sure the next time it does work out. You have been just as much help to me as Tony. If it were not for all of you at Inner Balance, I would not be where I am in life today, let alone have a life! I will tell you, today I am enrolled in college classes to be a certified addiction counselor. Eventually I want to work nutrition in and be more along the line of Inner Balance instead of traditional treatment. To me a lot of people do make it in sobriety due to the fact they need to have a more in depth treatment. I am one of those. Thanks to people like you, I have survived!! For that, I will always be indebted to you!! THANK YOU!!

Lois Magie

Lois Magie - June 04, 2009 at 12:00 AM



“ I am saddened to hear of Tony's passing. Life never really prepares us for this type of news. Knowing Tony for just a very brief time was my great pleasure. He was an valued influence in helping me through a tough time. He will be greatly missed. My thoughts are with June and his family.

Peter

Peter Buckley - June 04, 2009 at 12:00 AM



“ Tony, you may be gone from the physical, I still feel your presence and always will from the time we spent together at IB, the lessons I learned from you, the authentic being you are and how you shared your divine essence. I hold a space for you and June with Love, Light and Healing...forever. May a joyful transition be yours. Until we meet again.....Rick

Rick Wiegel - June 04, 2009 at 12:00 AM



“ Dear June,

I feel stunned about Tony's untimely passing. I am so very sorry for your loss, and will hold you close in my heart especially during this time.

Fondly,
Jennifer McCarter

Jennifer McCarter - June 04, 2009 at 12:00 AM



“ June,

I am very sorry for your loss. I consider it a pleasure and a gift to have shared time in this world with him.

Jared Lough

Jared Lough - June 04, 2009 at 12:00 AM



“ I was so sorry to hear of Tony's passing. It is our lost in this dimension and a gain for the next dimension.

Best to you, June. You are in my thoughts.

Nancy

Nancy Byrd - June 04, 2009 at 12:00 AM



“ I love you, June and Tony. Thank you, thank you, thank you. Namaste.

Bill Fleming - June 04, 2009 at 12:00 AM



“ Dearest Tony,
I am the sister you travelled with in our youth, the sister you shared the journey with. You are the brother who showed me the path in the darkest night of my soul and I will be eternally grateful. The spiritual bond we shared can never be broken. You have not died-- you have passed on to another place where we all will join you at some time when our spirits are done here on earth. I think of you daily and miss you. I love you forever and will forever keep your memory in my heart. Blessings on your journey til our souls meet again. Thank you for being my brother in this lifetime.

Love, Anne

Anne Enright - June 04, 2009 at 12:00 AM